



GRT-Inspired Collaborates on Health Screenings

November 2024

GRT-Inspired (GRT-I) collaborated on two health screenings during July. The first screening took place in Hillbrow on 18 July and was held to commemorate Nelson Mandela Day. The annual One Health Project was convened on 27 July as an outreach activity to the Melusi community.

Nelson Mandela Day

Free health screening was offered to all interested Hillbrow residents on 18 July through the Screening and Testing Programme by Students (STEPPS). The initiative was a partnership between GRT-Inspired and the department of Pharmacy and Pharmacology,



Clinical Pharmacy division, and School of Oral Health Sciences, division of Oral Hygiene and Dental Therapy at Witwatersrand University.

The services offered included, blood pressure measurements, blood glucose measurements, total cholesterol and lipid measurements, Body Mass Index (BMI), single lead Electrocardiogram (ECG), mini mental health screening and oral health examinations.

One Health Project



This event brought together the student structures of health sciences and veterinary sciences in collaboration with SAPRIN and COSUP, aimed at promoting interdisciplinary outreach. It was held at the Melusi Clinic, run by the University of Pretoria Health Science Department of Family Medicine.

This year's outreach focused on raising health care awareness and educating community members about their health status and the use of illegal substances. The project also offered holistic care to animals. Dogs and cats were immunized. Pets and owners received food parcels.



Participants were guided through various stations where they received vital checks and medical history assessments. Medical, nursing, and clinical associate students provided comprehensive physical exams, while dental and dietetics students offered oral examinations and nutritional information. Patients requiring further attention were referred to the Daspoort clinic.

The clinic provided invaluable support and essential equipment, including examination beds, ENT sets, and HIV testing kits. Furthermore, professional staff and SAPRIN fieldworkers were present on-site to distribute pamphlets and inform the community about the SAPRIN third trimester and assist in this student-led project.

